

RESOURCE SHEET

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Every year in the UK households are throwing away over 10 million tonnes of food and drink.

Of course, some of it is peelings, cores and bones, but most of it is, or once was perfectly good food.

Wasted food has a big impact on climate change. Most of it ends up in landfill sites where it rots and releases methane a damaging greenhouse gas. The food we throw away is also a huge waste of the energy, water and packaging used in its production, transportation and storage.



We have a problem!

Can you help the Kelly family find out how much money they could save in a week, a month and a year using the Waste Food Diary they completed in Lesson 1?

How will you work out how much the family could save by using up their left-over bread? If you need some help look at the problem-solving strategies.

Does it matter which loaf of bread they bought?